



THE BLUNTARTISTRY™ CREED

I stretch beyond my zones of procrastination, fear and comfort into new zones of opportunity, growth, service and impact.

In reaching for the extraordinary I will not take advice from the ordinary. I will seek counsel from those who have produced the results I desire. I will fly with eagles, not pigeons.

I understand that every challenge is an opportunity in disguise to help me strengthen my determination, focus and resolve to succeed.

I pay it up front. I do what I must now, so that I can do what I want later.

I attend to every task with energy, excellence and enthusiasm, knowing that these emotions are contagious!

I am mentally tough. No person or situation can make me feel anything I choose not to. I am in charge of me!

Integrity is law. If I say I'm going to do something, I do it. I keep my commitment to my commitment.

I understand that doubt, fear and uncertainty are merely the launching pads of any task or action that can be potentially life changing. I won't know if I don't go!

I honor my body with the best foods, plenty of water, regular exercise and sufficient rest.

My life is a gift. My time here is short. I will make it count.

I commit to living from the BluntArtistry™ Creed.